

My name is **Cali**. I am 78 years old and was diagnosed with breast cancer several years ago. Unfortunately the cancer spread into other organs and into my bones.

My occupational therapist has helped me find a facility where I am able to receive assisted living support. Although I am not able to live independently, **my occupational therapist has helped me recognize the value of finding pleasure in:**

- **Reflecting** on many good memories of my days traveling, dancing, gardening, and my dogs.
- **Engaging** in the facility's activity programs.
- **Spending time** with visitors (friends, therapists, hospice volunteers) and socializing with the other tenants.
- **Staying current** through the internet and watching television.

My life has slowed down and I'm not able to physically do the things I did before my illness, I still enjoy life and want to do as much as I am able.



Because of occupational therapy, I can come to terms with my illness.