

# OCCUPATIONAL THERAPY & PRIMARY AND COMMUNITY CARE IN BC

**HIGHER HOSPITAL SPENDING ON OCCUPATIONAL THERAPY IS ASSOCIATED WITH LOWER RE-ADMISSION RATES**

Occupational therapy could save the province of BC \$13 million\*

\*Cost of re-admissions in BC between 2010 and 2013 (Hellsten, Liu, Yue, Gao, & Sutherland, 2016).

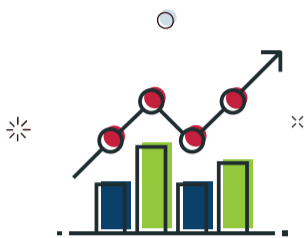
## RESEARCH SHOWS...



**ACCESS TO AN OT ASSESSMENT IN THE ER REDUCES:**

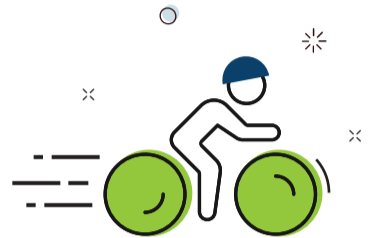
HOSPITAL ADMISSIONS  
DISCHARGE DELAYS

THE TIME PATIENTS SPEND IN THE HOSPITAL UNNECESSARILY



**FOR PEOPLE WITH CHRONIC CONDITIONS, OT-LED PRIMARY CARE PROGRAMS CAN IMPROVE:**

ACTIVITY PARTICIPATION  
SELF-EFFICACY  
QUALITY OF LIFE



**FOR SENIORS, ACCESS TO OT IMPROVES:**

MOBILITY  
SOCIAL PARTICIPATION  
THE ABILITY TO COMPLETE DAILY LIVING ACTIVITIES

## OCCUPATIONAL THERAPISTS' VITAL ROLE ON TEAMS

### REDUCE

- RISK OF IN-HOME FALLS.
- UNNECESSARY HOSPITALIZATIONS.
- UNNECESSARY RESIDENTIAL CARE PLACEMENT.

### PREVENT

- EMERGENCY DEPARTMENT VISITS.
- ADMISSIONS FROM EMERGENCY DEPARTMENT TO HOSPITAL.

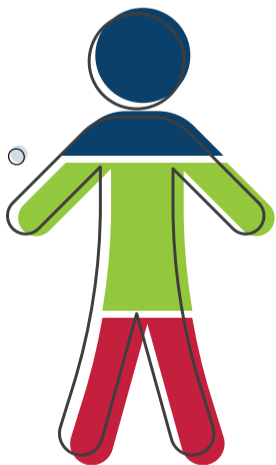
### HELP

- SENIORS STAY AT HOME.
- PEOPLE MANAGE INDEPENDENTLY AT HOME.
- PEOPLE STAY AT WORK OR RETURN TO WORK.
- PEOPLE PARTICIPATE IN THEIR COMMUNITIES.
- ENABLE KIDS TO SUCCEED AT SCHOOL.

### ENSURE

- SAFE & TIMELY DISCHARGE FROM HOSPITAL.
- HIGH QUALITY END OF LIFE CARE FOR PEOPLE WITH PALLIATIVE CONDITIONS.

## OCCUPATIONAL THERAPISTS CONSIDER



**BETTER HEALTH OUTCOMES**



**HIGHER QUALITY OF LIFE**



**COST-EFFECTIVE CARE**

Occupational therapy is a health profession focused on improving your health and well-being so you can do more and live better.