

**Minutes**  
**CAOT-BC Advisory Committee Meeting**  
**October 1, 2018: 330pm-530pm**

Present: Kelly Bethune, Rishma Dhalla, Devon Cochrane, Anisa Salma, Ashley Sarowa, Shelly Dornian, Sarah Charles

Regrets: Laura Bulk, Donna Drynan

**1. Welcome**

**2. Review agenda**

**3. Introductions** (name, region, current position, area of practice, first music item you purchased)

- *Anisa*: Recently started a private practice, Fraser Health as a casual, Fraser Valley, Avril Lavigne CD
- *Ashleyn*: From Abbotsford, student at UofA, Fefe Dobson CD
- *Devon*: Victoria, Tall Tree clinic, concussion program as well as other private practice work, Backstreet Boys
- *Kelly*: Comox Valley, Island health community resource team as well as part time private practice (residential care - seating & mobility), Olivia Newton John LP
- *Rishma*: Fall prevention and healthy heart program, as well as private practice w/ Sahara rehab, Richmond, Duran Duran cassette
- *Shelly*: private practice for Bayshore Therapy and Rehab, community work primarily, Shania Twain CD
- *Les*: Manager for rehab at UHNBC in Prince George, and BC Board Director for CAOT, Foreigner album

**4. Advisory Committee Orientation**

- [Orientation slideshow](#)
- Discussion regarding goals and objectives for 2-year term; suggestion to establish a group goal for the Advisory Committee
- Suggestion to complete strategic planning and needs assessment
- Group members would like to connect with occupational therapists in the regions; no representative for the interior at this time
  - suggestion to consider seeking an additional member from interior region.
- Group would like to have a summary of past AC work
  - o ACTION: Sarah to provide for next meeting

**5. Role appointment - chair, vice-chair, secretary**

- Chair (Lara)
- Vice-chair (Anisa)

- Secretary (Devon)

## 6. Other Business

### ***cOnnecT Day***

Joint event with CAOT-BC, COTBC & UBC – November 3<sup>rd</sup>. Registration and details here. Opportunity for Advisory Committee to connect in person if attending. Anisa and Rishma are attending.

### ***Opportunity to address key fall sites in our homes and to improve design requirements in Canada's National Building Code (NBC)***

Online group called "Loop" that focuses on fall prevention is working on submitting proposed changes to Canada's National Building Code, which has a 5-year cycle. Next cycle is 2020 so submission for changes must be submitted in 2019. Loop has started this process and is suggestion: (1) change in window placement to prevent children from falling through (2) change in the rise and run on indoor stairwells in residential homes (7" rise by 11" run) (3) prohibit winder stairway for new homes (narrow and wide end to step) (4) changes to stair handrail grasp (5) and changes for grab bars (2 for every bathtub and 1 for every shower stall). Same request was submitted for 2015 and committee did not approve. Email Rishma for more information: Rishma.Dhalla@vch.ca

### ***OT Month – proclamations***

CAOT-BC running proclamations campaign for OT Month again this year. OTs can submit a proclamation request to their municipality. [Instructions on the CAOT-BC blog.](#)

## 7. Roundtable

- *Rishma*: Moving to a community health access center where all adult and older adult services will be housed in one building. Supposed to move June 2019 but will be moving later than this.
- *Kelly*: No update to share for the island right now. Has heard Campbell River is short physios.
- *Devon*: Just had a baby! Suggestion for Google doc and other communication options for group moving forward.
- *Shelly*: Seeing general shortage of occupational therapists. Wondering about how many OTs stay within the profession.
- *Ashleyn*: Planning some fun activities for OT Month and promoting the OT profession; cohort is working on research projects and getting ready to pick next placements; announced that OT services are now covered by graduate student services health and dental plan!
- *Anisa*: Fraser Valley has shortage of OTs; waiting to see what changes will be announced from ICBC; suggested creating a mission statement

## 8. Meeting schedule

**(4:00-5:30pm by GoToMeeting/teleconference)**

December 3, 2018

February 4, 2019

April 1, 2019

June 10, 2019

September 9, 2019