

THERAPIST/CLINICIAN FACTORS

Do you feel comfortable practicing skills during the training session?

Role Play	Optional Role Play
ASIST	CALM
RRSR	CAMS
SAIP	QPR
STORM	

Do you feel comfortable training in small groups, large groups or individual?

Individual	Small Group	Large Group
CALM	ASIST	CALM
CAMS	CALM	QPR
QPR	CAMS	
RRSR	RRSR	
	SAIP	
	STORM	
	QPR	

Consider factors such as: practice setting, prior suicide intervention training, frequency of interaction with client with suicidal ideation.

How much funding can you or the institution you are working for provide for training?

Program	Free	<\$100	\$100-\$750	\$750-\$1500	\$2000 +
ASIST			X		X [#]
CALM (Online)	X				
CALM (In-person)				X [*]	X [#]
CAMS			X [^]		
QPR		X	X [#]		
RRSR		X		X [*]	X ^{**}
SAIP			X	X	
STORM					

[#] trainer training cost ^{*} Organization training cost

[^] Starting cost, additional cost for additional training components

ENVIRONMENTAL FACTORS

Is the training program available in the country/region you are currently practicing in?*

Program	Canada	USA	UK or Europe	Australia
ASIST	X	X	X	X
CALM (Online)	X	X	X	X
CALM (In-person)		X		
CAMS (Online)	X	X	X	X
CAMS (In-person)		X		
QPR	X	X	X	X
RRSR		X		
SAIP				X
STORM			X	

* Training program instructors may travel to different countries, contact training programs for more details

Do you have a preference for the training environment being online, offline (in-person) or both?

Online	Offline	Both*
CALM	ASIST	CAMS
CAMS	CALM	RRSR
QPR	QPR	
	SAIP	
	STORM	

* Training program has online and offline components

TRAINING FACTORS

Consider the evidence for each program:
Refer to the chart in this document

Do you want training to better support clients or training to be able to train others?

Trainer training	Training Only
ASIST	ASIST
CALM	CALM
QPR	CAMS
RRSR	QPR
SAIP	RRSR
STORM	SAIP
	STORM

Do you want brief training (~1-3hrs) or more in-depth training (~1+days)?

Brief Training	In-depth Training
CALM	CAMS
QPR	ASIST
	RRSR
	SAIP
	STORM

What is the approach to suicide prevention?*

Program	Assessment	Intervention	Knowledge
ASIST	Collaborative, client-centered framework with ongoing risk assessment, counselling and/or other therapeutic approaches to manage risk, and referring to external community services		Facts, myths, risk and protective factors
STORM			
RRSR			
CAMS			
CALM	Counselling clients and families about restricting access to lethal means		
QPR	Recognize, ask, encourage help seeking	Referral to community services	
SAIP			

*Refer to chart for more detail for each program