

CAOT STRATEGIC PLAN 2023-2026

MANDATE:

A healthier, more inclusive world through occupational therapy practice and influence

PURPOSE:

Occupational therapy will be fully energized as a transformative practice for health promotion, participation, belonging, quality of life, justice, and equity with clients (including individuals, families, groups, and communities) and systems. Occupational therapists (OTs) and occupational therapist assistants (OTAs) will be seen as both an essential part of Canadian health and social systems and as profound influencers for a more inclusive, healthier society.

PRIORITIES:



Mobilize strategic partners for equitable, sustainable, and accessible health and social systems



Advance relationship-focused occupational therapy practice and innovation



Supporting OTs and OTAs as leaders and influencers



Nourish a thriving and inclusive occupational therapy community and workforce

GUIDING PRINCIPLES:

Position occupational therapy as fundamental for health promotion, participation, belonging, and quality of life

Maintain quality of practice, member value, and financial sustainability

Embed justice, equity, diversity, inclusion, and sustainability into all activities

Facilitate safer spaces for the profession to have important conversations

CAOT STRATEGIC PLAN PRIORITIES 2023-2026



MOBILIZE STRATEGIC PARTNERS FOR EQUITABLE, SUSTAINABLE, AND ACCESSIBLE HEALTH AND SOCIAL SYSTEMS

GOAL: Influence equitable and accessible health and social system reform through collaboration and by positioning occupational therapy knowledge around adaptability, universal design, and inclusive participation as essential for decision making.



ADVANCE RELATIONSHIP-FOCUSED OCCUPATIONAL THERAPY PRACTICE AND INNOVATION

GOAL: Transform the learning, research, and practice of occupational therapy around collaborative relationship-focused principles of occupational participation, recognizing the leadership potential of all OTs and OTAs regarding innovative technologies and evolving models of care.



SUPPORTING OTS AND OTAS AS LEADERS AND INFLUENCERS

GOAL: Equip OTs and OTAs to recognize and embrace the unique value they bring as leaders and influencers and assist their efforts to collaborate with others as they identify a shared purpose and foster change in health, social, education, and political systems that supports people across the life span.



NOURISH A THRIVING AND INCLUSIVE OCCUPATIONAL THERAPY COMMUNITY AND WORKFORCE

GOAL: Nurture an interconnected, inclusive community of future and practicing OTs and OTAs where everyone is engaged in ongoing learning and connected to a sense of purpose.