





# **CarFit Instructor Role**

## **About CarFit**

CarFit is a national educational program supported by CAOT and CAA in Canada.

### **Instructor Role**

The CarFit Instructor are trained as Technicians and Event Coordinators. They take on the responsibility to train Event Coordinators and Technicians, along with Occupational Therapists to conduct Check Out at In Person Events, in-person. Instructors also take on further responsibilities, in conjunction with the National Program Coordinator, CAOT and CAA. They are capable of leading and motivating CarFit volunteers. raining and responsibility as determined by national organization staff. They also give CarFit presentations like virtual, live events. Instructors support each other nationally and remain in communication with the National Program Coordinator.

# Responsibilities

- Train CarFit Technicians and Event Coordinators.
- Train OTs who are Technicians to complete check out.
- Host and support in-person events.
- Provide live virtual events.
- Support other CarFit coordinators.
- Complete mandatory reporting on CarFit Event.
- Complete mandatory publication of CarFit Events if open to the public.
- Promote CarFit priorities and goals.
- Stay current about CarFit.
- Consult the Canadian and American CarFit websites for program updates and additional resources and information.
- Become familiar with occupational therapy services and driving services and resources in your area.
- Become familiar with community resources that support driving "retirement," such as grocery or pharmacy deliver services, public and private transportation options, driver refresher and driving safety programs.







- Note that CarFit does not endorse any one product, service or vendor, with the
  exception of CAA. CAA is a funder of CarFit in Canada, and CarFit supports CAA's
  programs, services and benefits.
- CarFit does share local resources and does allow sponsorship of CarFit events and permits sharing of promotional items in resources bags from businesses and organizations who support CarFit events.

## Qualifications

- Has completed training as a Technician and Event Coordinator
- Experienced presents, both in-person and virtual
- Demonstrates good program organizational skills
- Demonstrates good leadership skills and responsibilities
- Demonstrates ability to motivate others
- Must be a licensed driver
- Must be at least 18 years of age or older
- Must be a licensed/practicing occupational therapist in province, territory, or jurisdiction of appointment

## **Ongoing**

Complete a yearly attestation that they completed a refresher training or volunteered at an inperson Event, and that they abide by the requirements and responsibilities of the program.

It is the responsibility of the CarFit volunteer to review the current CarFit materials for their role as a refresher prior to involvement in each CarFit Event of any type.

#### **Available Resources**

Visit the <u>Canadian CarFit website</u>. Visit the American CarFit website.