

# 2018-2018 CAOT WORKSHOP SPONSORSHIP OPPORTUNITIES

Workshops are one- to three-day live in-person events that provide you with in-depth, evidence-informed, occupation-based and hands-on learning opportunities so you can apply the skills and knowledge to your practice. They include various learning and interactive activities including presentations, demonstrations, group discussions, hands-on activities and the opportunity to ask questions.



## **Anxiety interventions: Exposure therapy and relaxation skills training**

Presented by Randy Paterson

This two-day interactive workshop equips occupational therapists with the fundamentals to increase their competence and confidence in using two evidence-informed interventions for clients with anxiety: relaxation skills training and exposure therapy.

- October 19-20, 2018 in Halifax, Nova Scotia
- October 22-23, 2018 in Ottawa, Ontario



## **Building the brain: A neurobiological approach to assessment and treatment**

Presented by Robin Harwell

This two-day integrative, holistic workshop will provide you with a scientific and theoretical framework for assessment and treatment of ANY brain of ANY age. This workshop draws on the expansive brain-behavioral sciences to energize and empower any practice, demystifying the process of neuro-rehabilitation. These concepts and tools will be easily incorporated into your treatment setting.

- October 19-20, 2018 in Calgary, Alberta
- November 16-17, 2018 in Ottawa, Ontario
- March 8-9, 2019 Metro Vancouver, British Columbia



## **Childhood autism spectrum disorder: Best occupational therapy practice**

Presented by Michèle L. Hébert

This two-day interactive workshop is intended for occupational therapy professionals, researchers and OTAs interested in developmental disabilities and/or ASD best practice.

- November 2-3, 2018 in Vancouver, British Columbia
- November 12-13, 2018 in Toronto, Ontario



## **Cognitive adaptation training introduction: Enhancing recovery in people with schizophrenia**

Presented by Raquel Williams and Joy-Ann Perry

This two-day practical workshop will explore foundational knowledge of CAT principles, relevant assessment and evaluation tools.

- December 6-7, 2018 in Toronto, Ontario
- April 4-5, 2019 in Metro Vancouver, British Columbia



### **Cognitive behavioural therapy: Level 1 for occupational therapy**

Presented by Gord Hirano

This two-day practical workshop is intended for occupational therapists who wish to understand what cognitive behavioural therapy (CBT) is and begin to use CBT approaches in their occupational therapy practice.

- October 26-27, 2018 in Vancouver, British Columbia
- November 16-17, 2018 in Calgary, Alberta
- March 22-23, 2019 in GTA, Ontario



### **Cognitive behavioural therapy: Level 2 for occupational therapy**

Presented by Gord Hirano

This two-day practical workshop is intended for occupational therapists who wish to further their cognitive behavioural therapy (CBT) skills and increase their confidence in using CBT in their occupational therapy practice.

- October 29-30, 2018 in Vancouver, British Columbia
- November 19-20, 2018 in Calgary, Alberta
- March 25-26, 2019 in Toronto, Ontario



### **Cognitive behavioural therapy: Level 2 for occupational therapy**

Presented by Gord Hirano

This two-day practical workshop is intended for occupational therapists who wish to further their cognitive behavioural therapy (CBT) skills and increase their confidence in using CBT in their occupational therapy practice.

- October 29-30, 2018 in Vancouver, British Columbia
- November 19-20, 2018 in Calgary, Alberta
- March 25-26, 2019 in Toronto, Ontario



### **Integrating occupational therapist assistants: Optimize outcomes**

Presented by Heather Gillespie

This one-day workshop is ideal for occupational therapists, OTAs and employers/managers in organizations that wish to involve OTAs in the delivery of service in more appropriate and consistent ways.

- October 15, 2018 in an online delivery



### **Pediatric feeding and swallowing: Managing complex issues**

Presented by Sherna Marcus

This one-day workshop is intended for occupational therapists who wish to further their knowledge and skills regarding different feeding and swallowing issues in infants and children.

- September 14, 2018 in Burlington, Ontario