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Enabling Occupation for Populations: Use of Occupational Performance Models and Frameworks by Occupational Therapists Employed in Strategic Planning and Policy Environments

Presenters:
Shannon Berg and Angela Sekulic

CAOT Professional Development
Practice Evidence Webinar
February 19, 2019

Canadian Association of Occupational Therapists | Association canadienne des ergothérapeutes

1

Key message

As well as guiding OTs in clinical practice, the Canadian Model of Occupational Performance and Engagement (CMOP-E; Polatajko, Townsend, & Craik, 2007), Canadian Model of Client-Centred Enablement (CMCE; Townsend, Whiteford, Polatajko, Craik, & Hocking, 2007) and Canadian Practice Process Framework (CPPF; Polatajko, Craik, David, & Townsend, 2007) are useful guides for occupational therapists working in strategic leadership roles such as health or social service planning and policy development.

Learning objectives

After participating in this webinar, you will:

1. Understand how the various models and frameworks for occupational therapy practice can be applied at a system level where the "client" is a population, society or system (e.g. health, social).
2. Recognize the application of key skills in the Canadian Model of Client-Centred Enablement (CMCE) in the broader health system context of policy development or program planning, such as health region/authority and government roles.

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Setting the stage

- Poll questions for the audience:
  - What is your current role?
  - When you hear of OTs working in government – what do you imagine they are doing?

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      - "Occupational therapy needs funding, policy and legislative support in order to flourish as a profession that can serve the occupational needs of society." (Townsend, Jongbloed, Stadnyk, & Drummond, 2007, p. 316)

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      - "Occupational therapy needs funding, policy and legislative support in order to flourish as a profession that can serve the occupational needs of society." (Townsend, Jongbloed, Stadnyk, & Drummond, 2007, p. 316)
- However, the policy environment is far broader than just advocacy

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Developing public policy

Where does policy exist?

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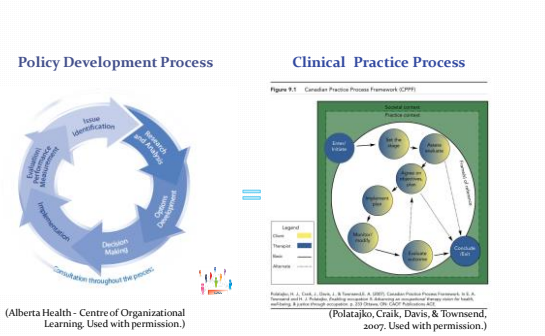

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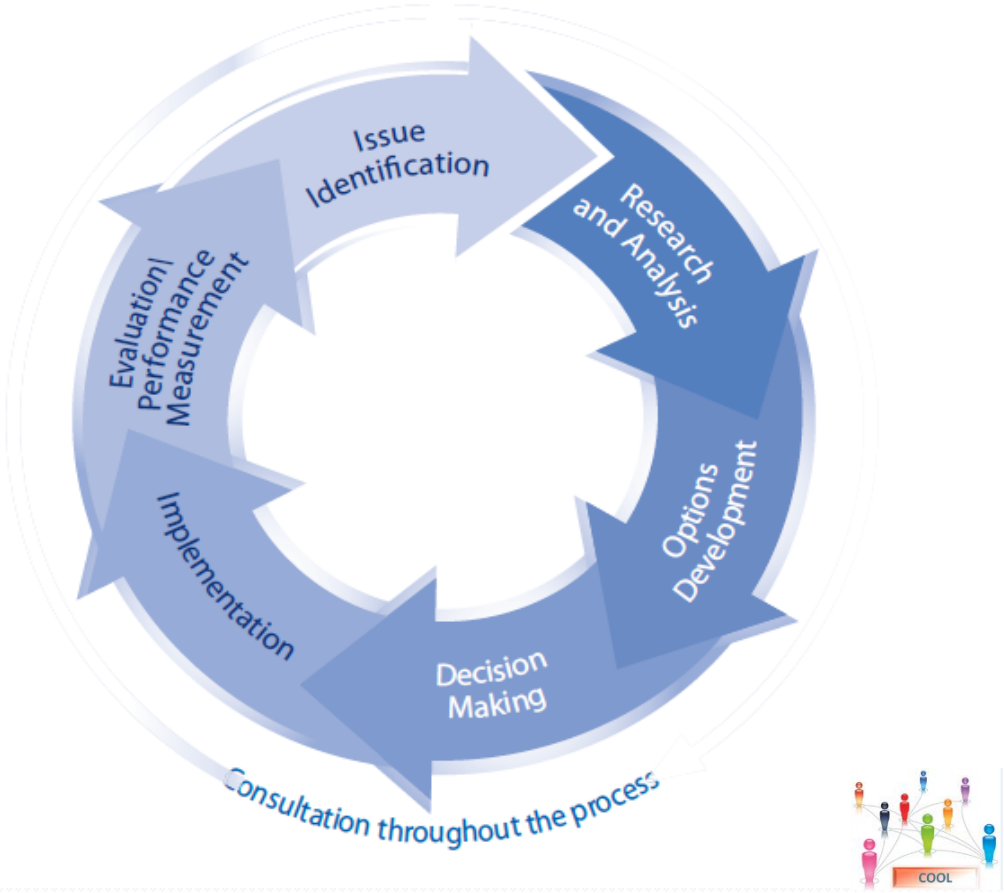
Policy Development Process



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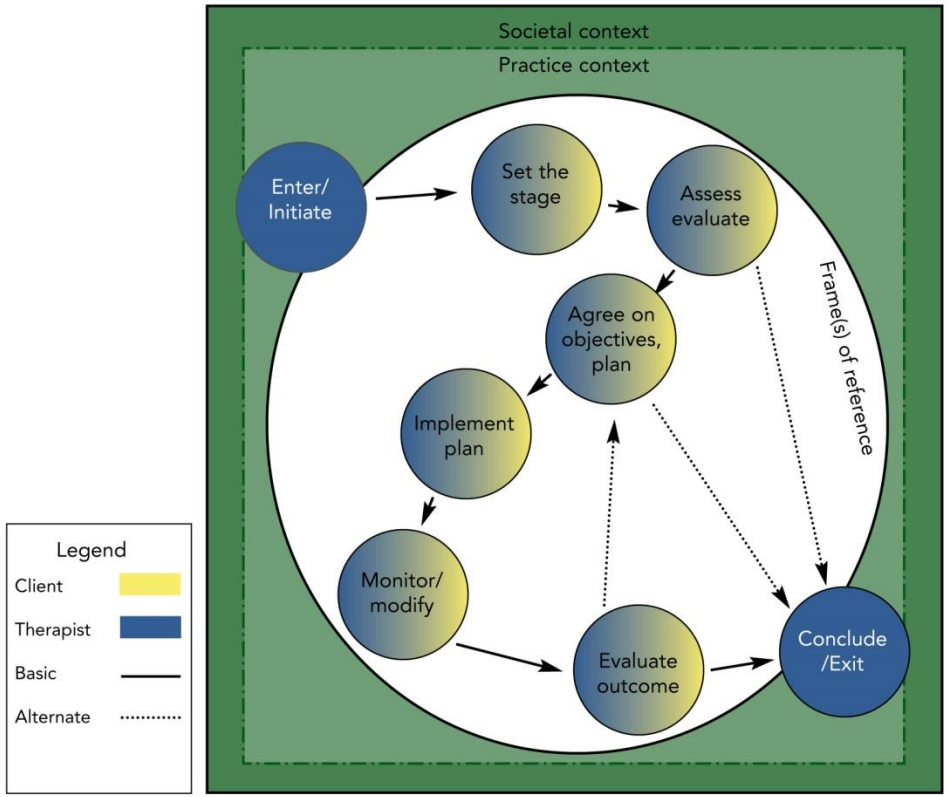
Clinical Practice Process

Figure 9.1 Canadian Practice Process Framework (CPPF)



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Canadian Practice Process Framework	Policy Development (PD) Cycle
Enter/Initiate	Issue identification
Set the stage	
Assess and evaluate	Research and analysis
Agree on objectives, plan	Options development
	Decision-making
Implement	Implementation
Monitor/Modify	(the iterative nature of PD inherent in the PD cycle)
Evaluation outcomes	Evaluation and performance measurement

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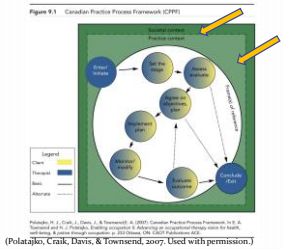
Developing policy through the lens of occupational therapy

What policy makers can learn from OTs

What does approaching with an occupational therapy lens add?



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Occupational therapy lens - more holistic, person-centred approach to policy development

- Understanding and appreciation of the societal and/or "practice" contexts driving the need for the policy

AND

- An understanding of the contexts of where, how and when the policy will be implemented

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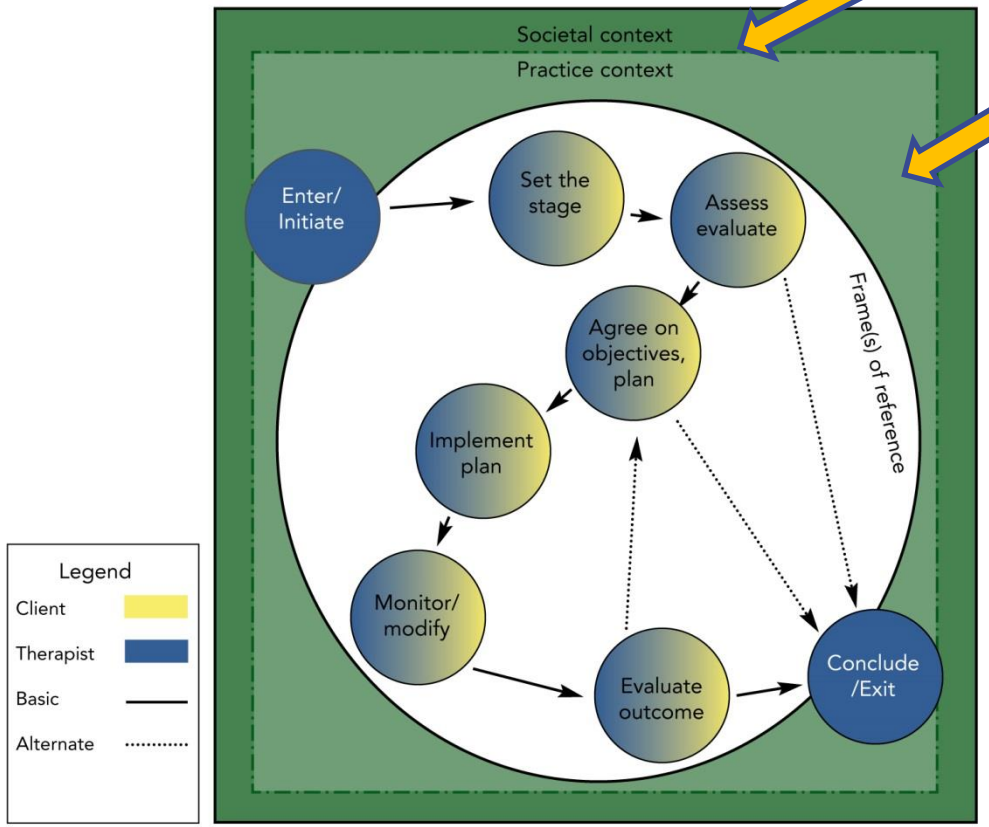

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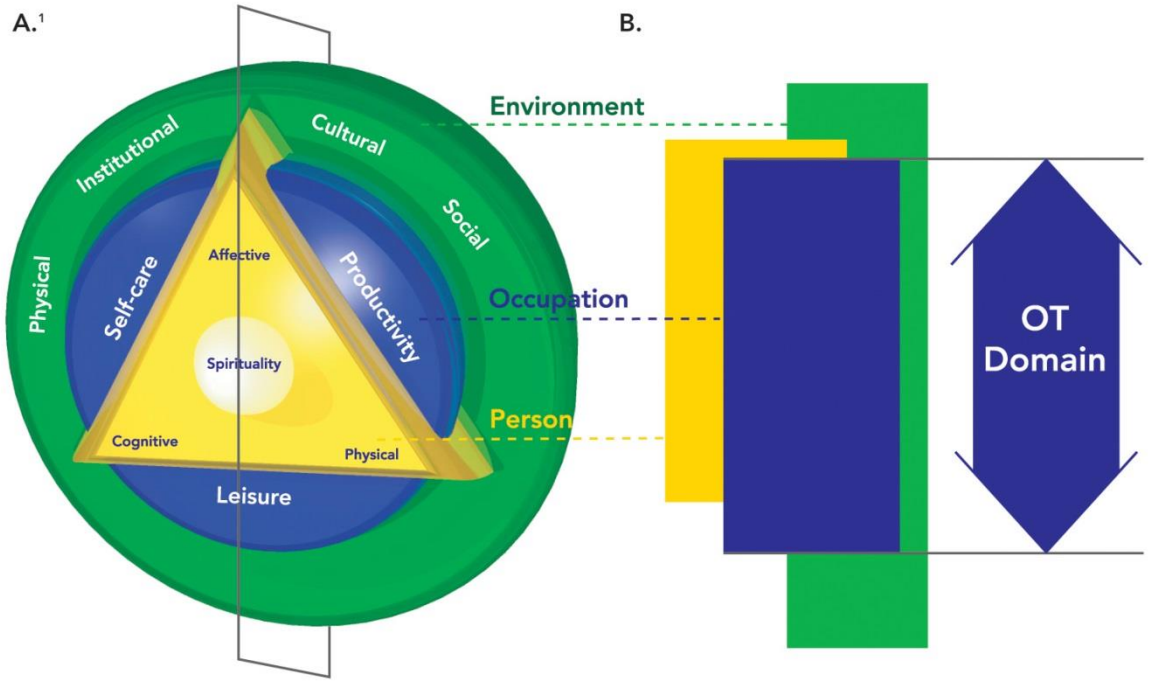
Using occupational therapy models of occupation to understand and frame the policy "contexts"

Figure 1.3 The CMOP-E[1]: Specifying our domain of concern



A.[1] Referred to as the CMOP in *Enabling Occupation* (1997a, 2002) and CMOP-E as of this edition
B. Trans-sectional view

Polatajko, H. J., Townsend, E. A., Craik, J. (2007). *Canadian Model of Occupational Performance and Engagement* (CMOP-E). In E. A. Townsend and H. J. Polatajko, *Enabling Occupation II: Advancing an Occupational Therapy Vision of Health, Well-being, & Justice through Occupation.* p.23 Ottawa, ON: CAOT Publications ACE.

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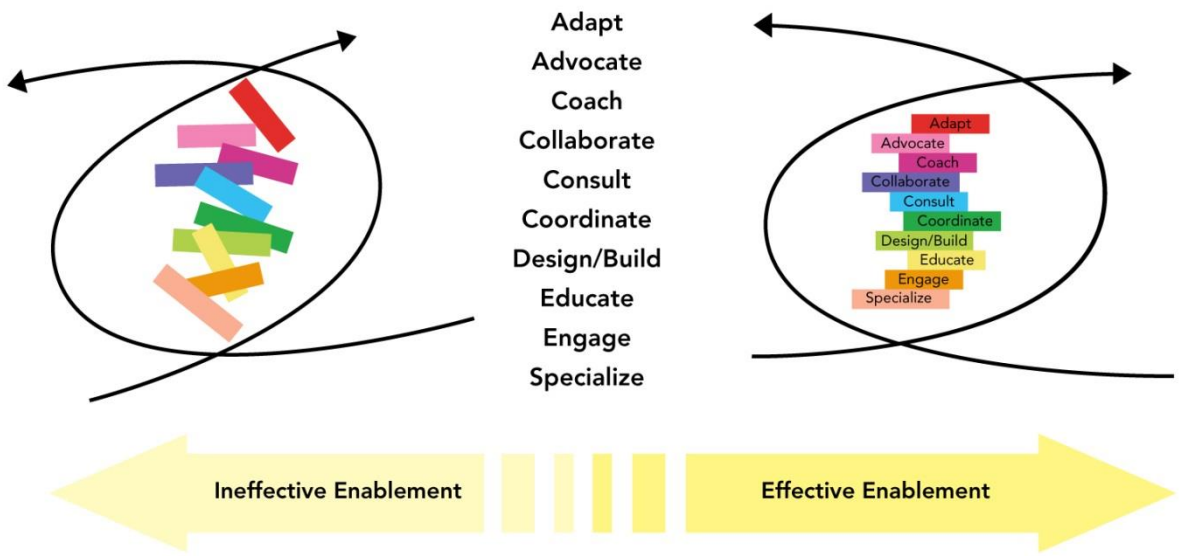
Applicability of occupational enablement skills in policy development

Figure 4.4 Enablement continuum



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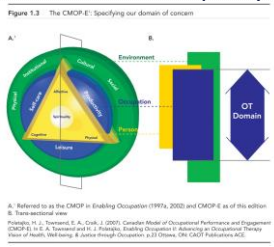
Using occupational therapy models of occupation to understand and frame the policy "contexts"



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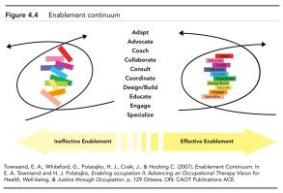

(Townsend, Whiteford, Polatajko, Craik, & Hocking, 2007. Used with permission.)

Policy examples in continuing care

- Enhancing home and community care
  - March 2017

More federal money for mental health and home care

Alberta health minister hopes to transform system with big investment in home care

- New Capital Funding approach
  - October 2018

Building Communities of Care

Support the addition of continuing care spaces in high need and Indigenous communities.

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Policy examples in primary health

- Incorporation of re-ablement approach into chronic disease management policy development
- Use of functional measures in defining frail seniors' population

QUESTIONS??

- Questions for the webinar participants:
  - How many listening today are also working in a strategic/directional or operational policy environment?
  - How many listening today are working in a non-clinical role and also use occupational therapy frameworks, models or enablement skills to guide their work?
  - How many listening today who are working in non-clinical roles are still registering as OTs with their regulatory college?

References

Polatajko, H. J., Craik, J., Davis, J., & Townsend, E. A. (2007). Canadian Practice Process Framework. In E. A. Townsend & H. J. Polatajko, *Enabling occupation II: Advancing an occupational therapy vision for health, well-being and justice through occupation* (p. 233). Ottawa, ON: CAOT Publications ACE.

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Contact us!

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