



CAOT · ACE

Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Dementia

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

Thinking on their feet: Falls prevention in people with dementia

Presented by Susan Hunter on November 19, 2019

Approximately 600,000 Canadians currently have a dementia diagnosis and that number is expected to double in the next 15 years. Cognitive deficits and balance and gait disorders are inevitable and progressive in dementia. Importantly, people with dementia have an annual fall risk of 60-80%, twice that of the cognitively normal, and have a higher risk of major fall-related injuries, such as hip fractures. Falls prevention is important to improve quality of life and maintain independent mobility.

This webinar will cover epidemiology and risk factors for falls, falls risk assessment, and rehabilitation strategies to prevent falls in people living with dementia.

After taking part in this webinar, participants will be able to:

1. Understand and describe the unique features that place people living with dementia at an increased risk for falls.
2. Identify therapeutic strategies that play to the strengths of people living with dementia to facilitate success of interventions.

Occupational therapist's role in delirium prevention and management

Presented by Lyndsay Laxton & Meghan Morrow on April 23, 2019

Patients experiencing delirium during their hospital admission have an increased mortality rate, increased hospital length of stay, and decreased level of functional independence for ADL/IADL performance at discharge. Occupational therapists are well positioned to provide meaningful interventions to aid in prevention and management of delirium. This webinar will discuss the characteristics of delirium and clinical prevalence, as well as relevance to the field of occupational therapy. This webinar will also identify the most appropriate assessment tool to detect the presence of delirium and detail traditional and cutting edge interventions for occupational therapy practitioners.

After taking part in this webinar, participants will be able to:

1. Identify a screening tool with high validity and specificity to identify the presence of delirium.
2. Identify neurocognitive and health outcomes of patients experiencing delirium.
3. Implement 3-5 targeted interventions to prevent and manage delirium.

Environment as Intervention: Evidence-Based Strategies to Address Behavior, Perception, and Falls in People With Alzheimer's Disease

Presented by Lou Jensen & Catherine Verrier Piersol on November 13, 2018

People with Alzheimer's disease (AD) exhibit challenging behaviors such as agitation, wandering, and hallucinations. These behaviors, coupled with altered cognition, perception, and balance, can interfere with safe and meaningful occupational engagement, and be burdensome for caregivers. As the environment can influence behavior, occupational therapy practitioners are uniquely poised to implement environment-based interventions in practice. This webinar will present evidence-based environmental interventions within occupational therapy's scope intended to address problematic behaviors, perception, and falls in adults with AD. Case studies of people with varying severity of AD across practice settings will be used to illustrate practical applications of the research findings.

After watching this webinar, you will be able to:

1. Describe evidence-based environmental interventions designed to address behavior, perception, and falls in clients with Alzheimer's disease (AD) and related disorders that support occupational performance and participation.
2. Apply the evidence to create environmental interventions for clients in different stages of Alzheimer's disease and related disorders in a variety of practice settings including institutional and community.

Decision-making capacity assessment model

Presented by Suzette Brémault-Phillips & Lesley Charles on April 3, 2018

As the life expectancy and chronicity of health conditions affecting Canadians continues to rise, the assessment of autonomous decision-making capacity becomes an issue of increasing importance. Adults with diseases and disabilities are at particular risk in this regard. A decision-making capacity assessment (DMCA) model was developed, implemented and evaluated. During this webinar, occupational therapists will gain practical information to for use when conducting DMCA's. Case examples will highlight best-practice processes and tools that enable independent practitioners and inter-disciplinary teams to provide DMCA's that maximize client autonomy, offer least restrictive and intrusive solutions, and align with provincial legislation

After watching this webinar, you will be able to:

1. Distinguish appropriate triggers for capacity assessment
2. Document capacity concerns appropriately, to meet current legislative requirements.
3. Describe the DMCA Model, including related assessment tools, worksheets and a framework for implementation of the model.

Occupational therapy's role in facilitating aging in place for clients with advanced dementia

Presented by Megan Bailes & Kevin Grunden on January 23, 2018

As our population continues to live longer, the prevalence of dementia also continues to increase. Many of our clients desire to age-in-place, which presents a unique challenge to caregivers given the complex nature of dementia. Occupational therapists are in a position to help our clients with dementia and their caregivers remain successfully in the home. The presenters have created a program that combines in-depth caregiver training, home modifications, interdisciplinary medical and case management, with a focus on occupation-based interventions to facilitate safely aging in place for clients with dementia. Interventions, assessments, outcomes, and case studies will be reviewed.

After watching this webinar, you will be able to:

1. Understand the benefits of in-depth caregiver training and consider strategies to implement caregiver training in a variety of settings.
2. Identify home modifications to increase safety and participation in ADLs and desired activities for clients with dementia.
3. Recognize the importance and benefits of occupation-based interventions for clients with dementia.

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