



CAOT - ACE

Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Fundamentals of Occupational Therapy Practice

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

Low cost and free assessments for the occupational therapist

Presented by Dr. Wendie Leveille & Dr. April Doebert-Fischer on August 6, 2019

Many health care settings are facing limited budgets to purchase occupational therapy assessment tools. This webinar offers a variety of low cost and free assessments to all practicing clinicians. The presenters will discuss in details some free and low cost assessments that occupational therapists can use with adult clients to assess pain, anxiety and depression, sleep, ADL/IADL, leisure/quality of life, vision, cognition, home assessment/community re-integration.

After taking part in this webinar, participants will be able to:

1. Identify several low cost and free assessments.
2. Locate and obtain the covered assessments.
3. Identify the function and purpose of each reviewed assessment.

Why outcomes and measurement matter more than ever for occupational therapy

Presented by Skye Barbic on February 13, 2018

In occupational therapy, there is a call for clinicians to use client/patient-centered outcome data routinely at the point of care to help tailor treatment plans to meet the client/patient's preference and needs. Given that many decisions in occupational therapy are constructed from client/patients' narratives, it is critical that the conceptual, empirical, and measurement structure underlying patient reported outcome measures is robust and client/patient-centered. This webinar will present methods for the systematic accrument of client/patient-centered data in occupational therapy to meaningfully enhance the treatment of Canadians with chronic health conditions. As well, the webinar will outline ways to use data to ensure occupational therapists are accountable to the needs prioritized by clients/patients.

After watching this webinar, you will be able to:

1. Describe the role of health assessment and metrology in occupational therapy.
2. Identify three core outcomes that all occupational therapists can target and measure.
3. Outline an approach way for choosing client/patient-centred outcome measures for systematic evaluation of occupational therapy services.

Enabling Occupation through Client Goal Ownership

Presented by Laura VanPuymbrouck on March 14, 2017

The rehabilitation literature describes disconnects between what therapists claim to be client-centred therapy and client perceptions. Goal ownership is a simple process that can be incorporated into many clients' therapeutic experience that provides for a more collaborative and client-centred approach to therapy by including clients in establishing and routinely revisiting client-owned goals. Using this approach was found to improve development of client autonomy, self-efficacy and self-management - each critical to enabling participation in client-identified occupations. This webinar will provide case studies examples and an outline of easy to follow methods for implementing this approach across clinical practice areas.

After watching this webinar, you will be able to:

1. Accurately explain the difference between traditional client-centred goal writing versus client "owned" goal writing.
2. Describe the underlying theoretical concepts for why client autonomy is supported by client-owned goal writing.
3. Have the knowledge base to initiate a client-owned goal writing intervention approach into a clinical practice.

Enhancing Occupational Therapy Practice Through Building Your Occupation-Focused Toolbox

Presented by Gail Fisher & Su Ren Wong on August 16, 2016

Occupational therapists are often challenged to provide occupation-focused and client-centred care. This webinar will provide a brief overview and comparison of three commonly used occupation-focused models: the Canadian Model of Occupational Performance and Engagement, Person-Environment-Occupation-Performance Model and the Model of Human Occupation. Applying these models in practice using a case example will be facilitated and current resources linked to each model will be described. Incorporating these models into clinical practice will be discussed through illustrating how they can be integrated with commonly used frames of reference to provide a foundation for occupation-focused practice.

After watching this webinar, you will:

1. Articulate the value of using occupation-focused models to guide occupational therapy practice.
2. Compare and contrast occupation-focused models of practice and how they can be combined with frames of reference.
3. Demonstrate the application of occupation-focused models in the practice of occupational therapy through a case study.

Evidence-Based Health Literacy Training for Occupational Therapy Professionals

Presented by Cheryl Miller on April 12, 2016

Health literacy has been defined as “the degree to which individuals have the capacity to obtain, process, and understand basic health information and services needed to make appropriate health decisions” (Selden et al., 2000). Occupational therapy professionals have an ethical and clinical obligation to become knowledgeable about health literacy to provide “effective and safe treatment” (Smith et al., 2011). During this webinar, practical health literacy assessment techniques, and intervention and practice strategies will be presented that will improve the occupational therapy professional’s ability to communicate with clients and caregivers most effectively, which will improve their ability to make appropriate health decisions and make good decisions regarding their health and health promotion.

After watching this webinar, you will:

1. Define health literacy.
2. Recognize clients and caregivers with limited health literacy skills.
3. Understand health literacy assessment practices for occupational therapy professionals.
4. Apply communication strategies which will improve clients’ abilities to access, process and understand health information presented by occupational therapy professionals and make appropriate health decisions based on this information.

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