



CAOT - ACE

Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Return to Work I

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

Work disability prevention: A primer for occupational therapists

Presented by Behdin Nowrouzi-Kia & Alicia McDougall on May 14, 2019

There has been a shift in paradigm from workplace disability and injury treatment to workplace disability prevention (McDougall & Nowrouzi-Kia, 2017). Occupational therapy practitioners may espouse a work disability prevention approach to lower work disability rates and provide timely return-to-work outcomes for clients. This webinar will explore the work disability prevention approach in occupational therapy and illustrate case examples of utilizing this approach as opposed to workplace disability and injury treatment. Strategies for collaboration between stakeholders will be discussed.

After taking part in this webinar, participants will:

1. Explain the work disability prevention approach.
2. Identify at least three effective interventions for workplace disability prevention that occupational therapists can utilize in their practice.
3. Identify key sociopolitical stakeholders and potential collaboration strategies with these stakeholders.

Translating clinical practice into real world environments: Does what we teach them really work?

Presented by Naomi Abrams on December 18, 2018

Balance ball chairs, sit/stand desks, "lift with your legs" – do any really work? Explore realistic and effective activity and space modifications recommendations for patients across the lifespan using the limited contextual information available in clinic-based practice. Best practices dictate that there should be a strong correlation between recommendations and education provided in the clinic and the current evidence about the effectiveness of interventions in the patient's real world environment. However, much of what we teach and recommend in the clinic does not work in the real world. Come find out why and what you can do about it.

After watching this webinar, you will be able to:

1. Understand the influences of environmental factors, including physical space, institutional policies, and psychosocial factors on the clinical reasoning process when making “real-world” recommendations for space or activity modification.
2. Understand the current research related to environmental and activity modifications/ergonomics.
3. Identify methods to improve the effectiveness of recommendations for “real world” modifications when seeing clients in the clinic and having limited access to the client’s “real world” environments.
4. Identify methods to improve clinical reasoning skills when analyzing equipment that has the potential for being used by clients.

Translating clinical practice into real world environments: Does what we teach them really work? (Part 2)

Presented by Naomi Abrams on December 19, 2018

Balance ball chairs, sit/stand desks, “lift with your legs” – do any really work? Explore realistic and effective activity and space modifications recommendations for patients across the lifespan using the limited contextual information available in clinic-based practice. Best practices dictate that there should be a strong correlation between recommendations and education provided in the clinic and the current evidence about the effectiveness of interventions in the patient’s real world environment. However, much of what we teach and recommend in the clinic does not work in the real world. Come find out why and what you can do about it.

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Personal factors and types of physical tasks in workplace injury

Presented by Nelson Oranye on January 30, 2018

Occupational therapists are interested in occupational performance issues and outcomes of individuals and groups. The primary role of an occupational therapist is enabling occupation, through identification of factors that affect individual’s participation in those occupations that are meaningful to them. Workplace is probably the most important environment people engage in productive work/occupation.

1. Define and identify work-related injuries.
2. Recognize the risks of work posture for work-related disorders.
3. Understand the association of type of physical tasks and work injury

Occupational Therapy in Disability Case Management

Presented by Carol Woloszyn on January 19, 2016

This webinar builds on two previous Lunch & Learn webinars by this presenter: “Creating and Implementing a Graduated Return-To-Work Plan” (March 10, 2015) and “Return-To-Work Case Management” (March 24, 2015). Occupational therapists have the skills and knowledge to be effective disability case managers. This webinar will discuss how the occupational therapy knowledge base and skill set perfectly positions occupational therapists to be effective Disability Case Managers; and will highlight how occupational therapy theories provide a good framework for disability case management. A review of how some occupational therapy theory and approaches can be linked to disability case management will be provided. This will include how to assess clients holistically in order to determine a comprehensive list of the barriers to return-to-work (RTW); and how to work within a functional framework as a Disability Case Manager. Strategies and ideas to address common barriers to RTW will be explored.

After watching this webinar, you will:

1. Be able to discuss how occupational therapy theories, knowledge and skills provide a good framework for disability case management.
2. Be able to describe how to assess clients holistically, in order to determine a comprehensive list of the barriers to return-to-work.
3. Be able to provide at least three strategies for addressing some common barriers to return-to-work.

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