



**CAOT · ACE**

Canadian Association of Occupational Therapists  
Association canadienne des ergothérapeutes

## Easy Choice: Practice Bundle

### Stroke

**This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:**

#### **Peripheral Prisms for Stroke-Related Visual Field Loss**

*Presented by Charles Saccarelli on November 6, 2018*

Homonymous hemianopia (HH) is a vision loss condition most commonly caused by a stroke in which a person only sees half of the visual information in each eye. Occupational therapists help clients with low vision by providing solutions to prevent injury and to enhance safety, and by teaching them new skills and how to use equipment to make their remaining vision effective and efficient. This webinar will provide an overview of HH and will demonstrate how occupational therapists can use various types of peripheral prisms to increase client's independent mobility. Training exercises for the clients will also be provided.

After watching this webinar, you will be able to:

1. Know what vision is like for people with homonymous hemianopia (HH).
2. Understand the challenges faced by people with HH.
3. Be aware of various lens options available for people with HH and how they work.
4. Be able to define scotoma, visual confusion and prism induced diplopia.

#### **Supporting families across the care continuum**

*Presented by Jill Cameron on May 29, 2018*

Family caregivers play an important role in supporting individuals with a variety of disabilities but it is not standard clinical practice to prepare or support them in their caregiving role. As a result, many experience stress that can compromise their own health and well-being as well as the care they provide. Caregivers support individuals with disability as they transition across care environments and, as a result, their needs for support change. This webinar will introduce a model of care – the Timing it Right Stroke Family Support Program – and discuss adaptation for other illness populations.

After watching this webinar, you will be able to:

1. Understand caregivers' support needs and how they change across the care continuum.
2. Consider a model of caregiver support and mechanisms for intervention delivery.
3. Consider application of the model to a broad range of illness populations.

## **Managing Executive Dysfunction to Improve the Participation of People with Stroke**

*Presented by Charlie Chung on May 30, 2017*

Executive function is frequently impaired (executive dysfunction) in people with stroke and the evidence of effectiveness of existing interventions remains inconclusive. As executive function consists of a number of related processes, people with executive dysfunction can present in a variety of ways depending on which processes are affected and existing interventions may not account for these individual differences. This webinar will review current models of executive function and provide an account of the development of the executive function task application model. A method of profiling people's executive function to improve occupational performance using the model will be presented.

After watching this webinar, you will be able to:

1. Be aware of executive function models and the development of the executive function task application model (EFTAM).
2. Be able to build an individual's executive function profile to inform the selection of interventions to optimise occupational performance.
3. Have a knowledge of interventions which have been studied in research trials.

## **Modifying outcome measures for use with persons post-stroke with aphasia**

*Presented by Sue Berger & Anne Escher on March 28, 2017*

Many individuals who have had a stroke resulting in aphasia experience persistent changes in participation in daily living, social, leisure, and productive activities. Choosing appropriate outcome measures can be challenging when working with individuals with aphasia, as many measures require auditory, reading, and/or numerical comprehension as well as written or verbal output, all skills that can be difficult for people who struggle to communicate. This webinar will explore key strategies for modifying measures in order to increase accessibility for people with aphasia.

After watching this webinar, you will:

1. Recognize the challenges and solutions in using outcome measures with persons post-stroke with aphasia.
2. Understand key principles for effectively modifying outcome measures for people with aphasia.
3. Identify outcome measures relevant for use with persons post-stroke with aphasia.

## Toolkit for Assessment and Treatment of Upper Extremity Post Stroke

*Presented by Brenda Semenko & Leyda Thalman on January 12, 2016*

Occupational therapists have identified the need for increased knowledge to improve consistency of practice in upper extremity stroke rehabilitation. A practical Toolkit was developed to assist with the clinical implementation of the upper extremity sections of the Canadian Best Practice Recommendations for Stroke Care. This Toolkit assists with clinical decision making, improves consistency of service delivery, educates clinicians in best practice and optimizes upper extremity function throughout the continuum of care. This webinar will provide an overview of the contents of the Toolkit, including practical resources, and how you can use it in your practice.

After watching this webinar, you will:

1. Be aware of a practical model for consistent upper extremity assessment and treatment post stroke
2. Become familiar with a Toolkit that facilitates practical implementation of the 2013 Canadian Best Practice Recommendations for Stroke Care for upper extremity rehabilitation

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