



CAOT · ACE

Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Autism

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

Using an occupation and evidence-based approach to intervention for children with autism

Presented by Annette Joosten on September 11, 2018

The complexities of autism and the need to change practice as evidence emerges and practice contexts/service delivery models change, create challenges in providing occupation-based intervention. This webinar will present an overview of challenges in providing occupation-centred assessment and intervention. Two case studies (one child nonverbal/challenging behaviors; one child experiencing difficulty participating in play and classroom situations) will be presented to demonstrate:

- Occupation-based assessment
- Occupation and evidenced-based intervention that considers behaviour, anxiety, sensory, cognitive and communication strategies that are goal directed, family centred and focused on enabling the child and family to participate in meaningful occupations and on parent and educator capacity building.

After watching this webinar, you will be able to:

1. Identify evidence for occupational therapy intervention for children with ASD, and determine if the evidence fits with the person, environment and occupation factors of the client, clinician expertise and available resources.
2. Recognize the importance of understanding why a child engages in a behaviour, or experiences difficulty performing an occupation or participating in their roles, in order to provide effective intervention, including using sensory knowledge.
3. Assess and apply clinical reasoning to goal setting and select an appropriate combination of evidence-based interventions (child and parent focused) to support increased performance and participation of children with autism and their families.

The occupation of sleep in pediatric occupational therapy: A family-centred approach

Presented by Jason Browning & Nicole Quint on May 8, 2018

Sleep affects performance in daily occupations for children and their families. While sleep duration continues to decrease for all ages, the repercussions of inadequate sleep include risks for difficulties in psychological health, emotional health and cognitive performance. Sleep within pediatric occupational therapy practice requires a contextual approach to address the full impact of sleep disturbances. Participants, using the Person-Environment-Occupation Model (Law et al.,

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1996), will identify the barriers to sleep participation and performance, as well as areas which enable sleep creating a complete sleep profile. The participants will apply this analysis process toward case studies enabling reflection on integration into their own personal practice.

After watching this webinar, you will be able to:

1. Identify occupational performance issues regarding sleep from a developmental standpoint using the Person-Environment-Occupation (PEO) Model.
2. Examine sleep performance patterns across pediatric populations.
3. Construct and apply evidence-based occupational therapy interventions related to sleep hygiene protocols and direct sleep interventions.

Promoting Strengths and Self-Advocacy in Adolescents and Adults with Autism

Presented by Kristie Patten Koenig on April 21, 2015

Many of us acquired our professional skills at a time when identifying what was wrong with a person and then attempting to fix it was the focus of assessment and consequently intervention. The traditional medical model led to professional experts defining people with disabilities in terms of their impairments and then seeking to remediate the impairments. Autobiographical narratives and interviews with self-advocates with autism spectrum disorder (ASD), along with a developing research base, suggest that although remediation may be needed at times, they have not built their lives on remediated weaknesses; rather, they seek assistance in modifying and adapting their environments, and building on their strengths and unique interests in order to engage in meaningful occupations that foster participation. This webinar will provide the occupational therapist with tools to make this shift.

After watching this webinar, you will be able to:

1. Articulate a strength-based practice framework for occupational therapy in our work with ASD.
2. Understand the importance of shifting the paradigm to include strengths, self-advocacy and self-determination in improving outcomes in ASD.
3. Identify strength-based tools for evaluation and intervention.

Mobile Technologies as Cognitive-Behavioral Aids: Devices, Apps and Strategies

Presented by Tony Gentry, PhD OTR/Lon March 17, 2015

Smartphones, personal digital assistants, and tablets can be powerful assistive technologies for cognition when incorporated into an occupational therapist's tool kit. Portable, versatile, and easily configured with appropriate apps, these devices can be used to address cognitive-behavioral challenges at home, work, school and in the community. Strategies for using mobile technologies for time and task management, task-sequencing, wayfinding, behavioral adaptation, augmented communication and video modeling, based on the results of a series of community-based trials with various populations including people with multiple sclerosis, autism, and brain injury, will be discussed. Case studies will focus on shaping the "just right fit" of device, apps, and strategies to solve everyday challenges. Participants will be provided with a catalog of tried-and-true mobile apps and links to instructional materials for further learning.

After watching this webinar, you will:

1. Describe strategies for using mobile technologies as cognitive-behavioral aids.
2. Identify mobile applications for time and task management and behavioral adaptation.
3. State key assessment parameters for matching mobile technologies to the needs of people with cognitive-behavioral challenges.

Building Coping and Resilience in Families with Children with Autism Spectrum Disorders

Presented by Heather Miller Kuhaneck PhD OTR/I FAOTA on May 21, 2013

In families of children with ASD, significant stressors can impact family functioning, and family centered care is crucial for enhancing their resiliency. Occupational therapists must understand both the difficulties faced by families and the opportunities that exist for family centered care and creative and collaborative programs to address critical family needs. The available literature, along with principles of family centered care, will be applied to occupational therapy practices through case examples, to generate program ideas that are evidence based and helpful to families of children with an ASD.

After watching this webinar, you will:

1. Identify therapist behaviors and strategies that promote family coping and resilience.
2. Evaluate their own practice in relation to family centered care.

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