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Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Brain Injuries (Children/Adolescents)

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

Rehab and beyond: The integral role of occupational therapy across the continuum of care with pediatric brain injury

Presented by Maria Borrelli & Katelyn Kelly on March 13, 2018

Occupational therapists are an integral part of the rehabilitation process, playing vital roles within each stage of the continuum of care. Occupational therapists have a responsibility to remain part of the process throughout all stages of neurorecovery to maximize positive outcomes. This webinar will define the unique role occupational therapists play throughout the rehabilitation process from the onset of pediatric brain injury to the ultimate goal of transition to home with a plan for follow up care. The continuum of care will be considered within four primary practice areas: acute care, inpatient rehabilitation, outpatient therapy, and follow-up care in a multidisciplinary clinic.

After watching this webinar, you will be able to:

1. Understand the variability and complexity of the impairments associated with pediatric traumatic brain injury.
2. Define the occupational therapist's role across the continuum of care in order to maximize the child's potential and facilitate meaningful recovery.
3. Identify functional and occupation-based treatment strategies to incorporate into an individualized plan of care based upon the child's stage of recovery.

Executive function and occupational therapy: An evidence-based approach to the assessment and treatment of pediatric clients/patients with brain injuries (Part 1)

Presented by Heather Forst & Lisa Rounds on January 9, 2018

Approximately 150,000 Canadian children and youth sustain a traumatic brain injury each year (Brain Injury Society of Toronto, 2017). As their brain is not fully developed, it is importance to recognize some differences in how the brain injury affects executive function in children. Part 1 of this two-part webinar series will discuss the domains of executive function, as well as review the literature supporting the unique role occupational therapists have in assessing and treating executive function in children.

After watching this webinar, you will be able to:

1. Understand the prevalence of pediatric brain injury and its impact on executive function skills.
2. Identify at least 3 domains of executive functioning.
3. Define the role of occupational therapy in evaluating and treating executive function difficulties in children.

Executive function and occupational therapy: An evidence-based approach to the assessment and treatment of pediatric clients/patients with brain injuries (Part 2)

Presented by Heather Forst & Lisa Rounds on January 16, 2018

Children and youth with brain injuries frequently present difficulties with executive function. Occupational therapists have a unique role in assisting with the reintegration of children with executive function deficits into school, sports and their recreational activities. Part 2 of this two-part webinar series will examine screening and assessment tools useful in the evaluation of pediatric clients/patients with cognitive performance deficits. Case studies and video clips will also be reviewed to provide participants a framework to support the identification of executive function deficits in their own clients/patients.

After watching this webinar, you will be able to:

1. Identify at least two assessments that could be used with young children with executive function deficits.
2. Identify at least two assessments that could be used with adolescents with executive function deficits.
3. Implement the use of pencil and paper tasks or apps in interventions to help support or remediate executive function skills.

Hospital-to-school transitions following an acquired brain injury: Regaining and reconsidering occupations

Presented by Laura Hartman on September 5, 2017

School is a complex occupational environment with competing demands and foci for children. The multitude of occupations and requirements is further complicated when children experience acquired brain injury (ABI). This webinar will explore children's hospital-to-school transition experiences following ABI. We will illuminate the competing demands and conflicts in coordinating services, helping families navigate relevant systems and policies, and understand the various physical, psychosocial, and environmental contributors to successful school reintegration in light of the multifaceted sequelae of ABI. Discussion will include practices and resources that allow occupational therapists to facilitate comfortable and successful transitions for children.

After watching this webinar, you will:

1. Thoughtfully consider the different structures that impact children's and families' complex transitions from hospital to school environments following ABI.
2. Identify and understand overlapping and possibly conflicting needs and occupational goals of the child, their family, therapists, teachers, and peers
3. Explore resources and practices that can optimize hospital-to-school transitions for children and families.

Youth Concussion: Approaches to Rehabilitation and Research

Presented by Nick Reed & Michelle Keightley on July 7, 2014

This presentation highlights approaches to managing concussion within children and youth. Using a case study to provide context, approaches to managing concussion within the pediatric population are explored, including aspects such as rest, energy conservation, nutrition, sleep, relaxation and activity planning. Further, this presentation highlights ongoing research conducted within the Concussion Research Centre at the Holland Bloorview Kids Rehabilitation Hospital designed to support the assessment and clinical management of concussion in children and youth. This presentation provides an overview of pediatric concussion clinical practices and aims to promote interest and thought within this field of practice and research.

After watching this webinar, you will:

1. Have a greater understanding of concussion in children and youth.
2. Have a greater understanding of approaches to rehabilitation to be used with children and youth following concussion.
3. Have a greater understanding of approaches to research being conducted in this field.

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