



**CAOT - ACE**

Canadian Association of Occupational Therapists  
Association canadienne des ergothérapeutes

## **Easy Choice: Practice Bundle**

### **Dementia**

**This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:**

#### **Environment as Intervention: Evidence-Based Strategies to Address Behavior, Perception, and Falls in People With Alzheimer's Disease**

*Presented by Lou Jensen & Catherine Verrier Piersol on November 13, 2018*

People with Alzheimer's disease (AD) exhibit challenging behaviors such as agitation, wandering, and hallucinations. These behaviors, coupled with altered cognition, perception, and balance, can interfere with safe and meaningful occupational engagement, and be burdensome for caregivers. As the environment can influence behavior, occupational therapy practitioners are uniquely poised to implement environment-based interventions in practice. This webinar will present evidence-based environmental interventions within occupational therapy's scope intended to address problematic behaviors, perception, and falls in adults with AD. Case studies of people with varying severity of AD across practice settings will be used to illustrate practical applications of the research findings.

After watching this webinar, you will be able to:

1. Describe evidence-based environmental interventions designed to address behavior, perception, and falls in clients with Alzheimer's disease (AD) and related disorders that support occupational performance and participation.
2. Apply the evidence to create environmental interventions for clients in different stages of Alzheimer's disease and related disorders in a variety of practice settings including institutional and community.

#### **Decision-making capacity assessment model**

*Presented by Suzette Brémault-Phillips & Lesley Charles on April 3, 2018*

As the life expectancy and chronicity of health conditions affecting Canadians continues to rise, the assessment of autonomous decision-making capacity becomes an issue of increasing importance. Adults with diseases and disabilities are at particular risk in this regard. A decision-making capacity assessment (DMCA) model was developed, implemented and evaluated. During this webinar, occupational therapists will gain practical information to for use when conducting DMCA's. Case examples will highlight best-practice processes and tools that enable independent practitioners and inter-disciplinary teams to provide DMCA's that maximize client autonomy, offer least restrictive and intrusive solutions, and align with provincial legislation

After watching this webinar, you will be able to:

1. Distinguish appropriate triggers for capacity assessment
2. Document capacity concerns appropriately, to meet current legislative requirements.
3. Describe the DMCA Model, including related assessment tools, worksheets and a framework for implementation of the model.

## **Occupational therapy's role in facilitating aging in place for clients with advanced dementia**

*Presented by Megan Bailes & Kevin Grunden on March 27, 2018*

As our population continues to live longer, the prevalence of dementia also continues to increase. Many of our clients desire to age-in-place, which presents a unique challenge to caregivers given the complex nature of dementia. Occupational therapists are in a position to help our clients with dementia and their caregivers remain successfully in the home. The presenters have created a program that combines in-depth caregiver training, home modifications, interdisciplinary medical and case management, with a focus on occupation-based interventions to facilitate safely aging in place for clients with dementia. Interventions, assessments, outcomes, and case studies will be reviewed.

After watching this webinar, you will be able to:

1. Understand the benefits of in-depth caregiver training and consider strategies to implement caregiver training in a variety of settings.
2. Identify home modifications to increase safety and participation in ADLs and desired activities for clients with dementia.
3. Recognize the importance and benefits of occupation-based interventions for clients with dementia.

## **The Role of Occupational Therapy in the Assessment of Decision-Making Capacity**

*Presented by Danielle Hogan & Deanne Dyke on May 31, 2016*

Decision-making capacity is the ability of a person to make and execute a decision related to a particular task or issue. In day-to-day practice, occupational therapists are generally requested to assist with capacity evaluations related to decisions around personal care and living arrangements and/or making decisions related to finances or financial well-being. A need to educate and support Eastern Health's occupational therapists regarding capacity assessments was identified and the development of these guidelines, including a practical tool that therapists can utilize to guide their practice, was initiated. The role of occupational therapy in the assessment of decision-making capacity, evidence in the field of capacity assessment and an inventory toolkit will be explored during this webinar

After watching this webinar, you will:

1. Understand current conceptual ideas and research in the field of decision-making capacity assessment.
2. Understand their role and responsibilities in the team assessment of decision-making capacity.
3. Be able to apply a guided clinical reasoning approach to their practice in this field.
4. Know how to access to an inventory of assessment tools and relevant references applicable to assessing decision-making capacity.

## **Putting Person-Centred Care into Practice: Creating “Culture Change” in Working with People Living with Dementia**

*Presented by Mary Schulz on January 6, 2015*

Most people with dementia want to live in their own homes for as long as possible. However, many will move to a long-term care home. In 2008, the Alzheimer Society of Canada embarked on a “culture change” initiative focusing on the needs of people with dementia living in long-term care homes. This webinar will overview qualitative research findings on key elements of a “successful” culture change to person-centred care then explore PC-PEARLSTM resources. Throughout the webinar, practical information, strategies and tools will be provided in order to practice a person-centred approach to support people living with dementia.

After watching this webinar, you will:

1. Be familiar with the Alzheimer Society of Canada’s PC P.E.A.R.L.S.™ and the culture change initiative to improve the experience of living with dementia.
2. Have learned practical strategies on how to begin and sustain culture change in long-term care homes.
3. Have the tools to become culture change champions in any practice setting.

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