



CAOT - ACE

Canadian Association of Occupational Therapists
Association canadienne des ergothérapeutes

Easy Choice: Practice Bundle

Young Children

This webinar bundle includes the following 5 On-Demand Practice Evidence Webinars:

The occupation of sleep in pediatric occupational therapy: A family-centred approach

Presented by Jason Browning & Nicole Quint on May 8, 2018

Sleep affects performance in daily occupations for children and their families. While sleep duration continues to decrease for all ages, the repercussions of inadequate sleep include risks for difficulties in psychological health, emotional health and cognitive performance. Sleep within pediatric occupational therapy practice requires a contextual approach to address the full impact of sleep disturbances. Participants, using the Person-Environment-Occupation Model (Law et al., 1996), will identify the barriers to sleep participation and performance, as well as areas which enable sleep creating a complete sleep profile. The participants will apply this analysis process toward case studies enabling reflection on integration into their own personal practice.

After watching this webinar, you will be able to:

1. Identify occupational performance issues regarding sleep from a developmental standpoint using the Person-Environment-Occupation (PEO) Model.
2. Examine sleep performance patterns across pediatric populations.
3. Construct and apply evidence-based occupational therapy interventions related to sleep hygiene protocols and direct sleep interventions.

The Impact of Vision Loss on Development and Learning in Young Children

Presented by Yu-Pin Hsu on June 6, 2017

The development of visual functional is very important milestone for infants and children. Vision impairment has a profound impact on a child's development in their occupational performance, including fine motor and gross motor activities. Occupational therapists play a critical role to provide therapeutic services to their young clients with vision loss. In this webinar, we will discuss how visual development and occupational performance can be affected by vision impairment. Basic strategies for occupational therapy interventions with children with functional vision problems will also be reviewed.

After watching this webinar, you will be able to:

1. Understand how visual development and occupational performance can be affected by vision impairment.

2. Understand basic strategies for integrating occupational therapy interventions into treatment plans, based on children's functional vision problems and on their developmental stages.

Sync and On Track: Enhancing Executive Function in Young Children

Presented by Karen A H Penner on September 20, 2016

Executive function (EF), a cluster of cognitive control skills, emerges in the preschool years to heavily influence early school, life, and social success by undergirding both self-regulatory and learning capacities. Occupational therapists working with children play a central role in recognizing how executive dysfunction impacts daily life. This webinar will explore typical EF developmental trajectories, identify populations at particular risk, and will then explore a variety of strategies for home and school. By enhancing hot and cool EF capacity, care providers can assist the child be in sync socially and behaviorally, and on track developmentally. Useful resources will be highlighted.

After watching this webinar, you will be able to:

1. Identify common markers and trajectories of executive function in young children.
2. Recognize preschool populations at risk of executive dysfunction.
3. Understand a variety of strategies and identify resources that enhance early executive function at home and school, thereby promoting preschool mental health.

Gastrointestinal Issues and Oral Feeding: What the Occupational Therapist Needs to Know

Presented by Sherna Marcus on February 2, 2016

Infants and children with gastrointestinal issues are often referred to occupational therapy due to poor oral feeding and it can be challenging to determine the underlying cause of the feeding problems. This webinar will describe the unique clinical features of different gastrointestinal issues and how to differentiate between these and other types of feeding problems. Medical and nutritional interventions will be described to enable the therapist to be an informed advocate when interacting with other members of the health care team. In addition, occupational therapy interventions that are effective in managing this challenging group of patients will be discussed

After watching this webinar, you will:

1. Recognize the clinical presentation of different gastrointestinal issues in infants and children.
2. Be able to differentiate between oral motor, sensory, swallowing and gastrointestinal issues as the cause of feeding problems.
3. Be able to understand and advocate for appropriate medical and nutritional interventions.

The Role of Occupational Therapists in Augmentative and Alternative Communication

Presented by Nadia Browning on January 20, 2015

Individuals who benefit from Augmentative and Alternative Communication (AAC) strategies and resources require an interprofessional team approach to assessment and intervention. The occupational therapist has a major role to provide clients with efficient and independent access to face-to-face and written communication to enable engagement in academic, work, leisure and everyday life occupation.

This presentation will begin with a brief overview of AAC, the needs of clients who can benefit from AAC, and the role of the interprofessional team members. The responsibility of the occupational therapist in AAC will be detailed and reference will be made to existing models related to AAC and the Canadian Practice Process Framework (CPPF), (Townsend & Polatajko, 2012). A case study will be used to illustrate the content and to provide suggestions on AAC strategies that can be integrated into practice.

After watching this webinar, you will:

1. Understand the principles of AAC.
2. Identify the importance of a collaborative team approach to AAC assessment and intervention.
3. Understand the role and responsibilities of the occupational therapist in AAC
4. Learn about some strategies that can be integrated into a variety of practice settings.

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